

## Working With The Voice Transcript

WWTV Episode 004

Manifesto on the Holy Spirit and The Extraordinary Life

June 27, 2018

Juliet Mee: Hey listeners, I'm glad you're back and hope you are getting a lot out of this information. Working With The Voice is a course to learn to converse with the Holy Spirit and the material in each episode is intended to be background material for the following episodes, so it's best to listen in order. So far, I've told my story and how I came to this material, and we've had a couple of guests who have discussed the studies behind this practice as well as the concepts of belief. This week we are going to take the first deep dive into the concepts surrounding the Holy Spirit. I'm excited and honored to be able to share this life-changing information with you. Don't forget to go to [workingwiththevoice.com](http://workingwiththevoice.com) and sign up for the weekly email and instructions on the Daily Practice as well as many other great resources!

Humility, the characteristic and quality of being humble, is a subject that most of us know well... how do I say this...not much about. At least I didn't, and now that I know what it is, I find myself acting in non-humble ways every single day. Maybe it's just me, but I think not. When you are ready to examine this virtue, there's a document on my website that goes into humility as well as those characteristics that show a lack of humility. It's a pretty good place to start. To be humble doesn't mean being humiliated, which is a yucky, destructive emotion that occurs when we feel put down or punished by another person. To be humble means that you voluntarily make use of self-restraint techniques that guard us against the natural tendency to either think too much of ourselves or to be self-deprecating and refer to ourselves as if we are foolish. Humility is about taking a middle of the road approach to how you see yourself; representing yourself and your knowledge honestly, and not placing yourself as inherently higher or lower in worth than others. It requires metacognition, which we talked about at length in Episode 3 last week. My relevant experience with humility blindsided me in the form of the Dunning-Krueger effect. If you remember, this is when we are amateurs or totally unskilled, and we don't know it. It's when we are pretty sure we know what we are talking about, but we don't. Prior to my learning about the Holy Spirit, I proudly called myself "spiritual but not religious". I did know quite a bit about that perspective. My personal philosophy of life was loosely based on eastern religion. I'd studied meditation, inner peace, and connections with the divine. I'd earned my living for many years promoting holistic healthcare that involved the body-mind-spirit concepts of wellness. I felt a strong connection with others, nature, and a power greater than myself. I thought I had "it" down, whatever "it" was, and I didn't feel the need for anything different. I just sought out more of the same because I didn't see western religion as offering anything more or better than what I already had. I saw religion, particularly Christianity, as lower on the totem pole, a step down from my creatively constructed world view. Christianity was too constraining, too white bread, and probably not true. Even worse, to get in close proximity to the subject felt like I might be instantly transformed into a much less cool version of myself, wearing a girdle, a polyester dress and a pair of sensible shoes. I felt my lip curl and my eyes dart involuntarily whenever a Christian asked me if I knew about Jesus. Of course I knew about Jesus. How could you not? Good guy, born of a virgin, healed people, told us to love each other, died on the cross. In my mind, that was the whole story, all I needed to know and basically was all I did know. If I got asked if I was saved, I slapped an angelic smile on my face and said, "Of course!" as I looked for the nearest exit. End of discussion as far as I was concerned. I was assertive enough to be able to shut down even the best evangelist and had no problem doing it if necessary. I saw through them. Their desire to convert me by calling it education was dishonest and rude. I smelled what they were cooking.

Step one in my life changing humbling process began with something I didn't have words to accurately describe. In episode 1, I described the mystical experience of receiving clear verbal messages from a source that knew things I could not know. This source helped me in big things and small, and I quickly learned to listen to its guidance and instructions because, although it stretched me in ways I could never anticipate, the rewards were monumental. I was in a situation where I had to move quickly and did not have the luxury of making a single mistake. The voice saved me valuable time and money by showing me simple solutions in situations where my natural mind only saw patterns containing complex concepts and lots of moving parts. Learning to trust the voice was like moving from navigating with a sextant to using a GPS for directions on the road. I had no real idea what the origin of this voice was but assumed it was my own personal guardian angel, possibly a loving message from my father who had died many years ago. I felt special and singled out by this voice in a way that I hadn't experienced before. I knew this was very different. I had never had this privileged connection before, and I also knew that I hadn't done anything to deserve it. There was comfort and safety in the communications. I was regularly told that it would help me, that I'd be fine, and that it would not leave me. To this day, I cannot imagine what it would have felt like to go through what I went through without the help of the voice but the closest explanation I can give is that I think I would have had a great potential to unravel. I had very little in my human experience to lean on in the biggest life crisis I had ever experienced.

I had been working with what I thought was my guardian angel or my dad, the voice, for a couple years when step two of the transformation process occurred. I ran into my friend Pauline and her daughter Judy. I didn't actually just run into them. We hadn't seen each other in many years but Pauline had been attempting to get in touch with me for a couple of months. I had treated her over twenty years before for a condition that now had flared up. Although we had talked a couple times on the phone I was distracted by my own situation and hadn't made time to meet up with her. On my side of the set up for this meeting, I had been at work and on the spur of the moment, asked one of my employees to go to lunch so we could casually discuss something that needed to be improved in her performance. We were in the restaurant when I saw Pauline come in through the exit door. If she had come in the regular way I wouldn't have seen her. I immediately recognized her and then heard a different, antagonistic voice that was not my guardian angel, say, "Act like you don't see her. You're too busy to talk to her. She hasn't seen you and she won't. This will be nothing but trouble." I've had that same instruction come to me many times in some public place like the grocery store. In all reality, I usually paid attention to it and would stare in pretend fascination at the cream cheese hoping the person would get their produce and move along before they saw me, or honestly, before they made the decision to stop pretending that they didn't see me! But thank goodness I snapped out of this trance-like state and thought, "That's crazy! It's Pauline!" You see, Pauline and Judy live in Fulton, MO, about 2 ½ hours drive away from me. They are wonderful. Just the kind of solid, good people that everyone should know. By then I had jumped up and gone to hug Pauline when Judy came up too. We had our little love fest and they marveled at the fact that they had accidently driven past their intended exit and that being in this specific restaurant was a total fluke. Judy had gotten a strong impulse that morning to go to Tulsa, Oklahoma, which was a 5 hour drive from their home. She hadn't planned to do that but Judy has learned to act on these feelings. She called her mom and told her if she wanted to go with her, that she'd need to grab a bag because she was on her way. They have family in Tulsa, but it is also the location of their home base church, the Prayer Center. Gary Carpenter is their main teacher and they could catch a teaching from him while they visited. They promised to come and visit me on their return in a couple of days. When they did visit me at my school a couple of days later, we told our stories to catch up over the past years when we had been apart. The top of mind story I had for them was about the troubles I had been having but as usual, I added in details about the guiding voice that had helped

me all along. I wasn't bragging about this voice, but I couldn't ever tell the story of my troubles without including information about the voice because it was so interwoven with my experience. Judy just randomly said, "Oh yeah, that's the Holy Spirit." Although their visit contained other significant factors that I will go into in another episode, my story will end here for the sake of brevity. This was the first time that I had ever had anyone connect the dots for me and identify the name of the presence and the power that I had been experiencing. By the way, when they went to their teaching from Gary Carpenter the night before, Gary told Judy that there would be something significant happen through her that would lead many people to know God.

The initial meeting in the restaurant was so unlikely. We all felt it. We knew it was special but never could we have known how special it was. Judy and Pauline along with their teacher Gary Carpenter would change my life. For many of you listening to this podcast, your life is being changed right now whether you know or believe that. For some, they are reporting to me that they have been looking their entire life for this information. For others they are saying they are oddly more drawn to it than they ever expected to be. It is my belief that this podcast would never have occurred if the series of improbable events on both sides had not brought us together in that moment. Improbable events are "luck". Now, I know that studies show that concepts of luck are cognitive illusions, superstitions, random chance that we interpret based upon our mistaken beliefs. That's partially why I published the episode on cognitive bias before this one on the Holy Spirit. You have to know about how we can be "wrong" before we become "less wrong" and "more right" with our beliefs. The analytical psychologist Carl Jung called these events that line up in seemingly meaningful ways without our consciously directing them "synchronicity". "Synchronicity" has a visceral feel to it. It has a feeling of transcendence, like we have stepped out of ordinary life for a moment to experience something rare, something beyond normal human experience. The idea of synchronicity as extending beyond mere coincidence is widely rejected in the academic and scientific community. You need to know that fact for sure to continue in this work. There is good reason some people reject synchronicity because many times it pulls in concepts of the supernatural and paranormal. This is a good place to define those two words so we can use them properly in context.

If something is "supernatural" it means it is an occurrence that is attributed to some force beyond scientific understanding or the laws of nature. Things that are supernatural are outside the laws of physics and scientific theory. This is the domain of miracles. They can never be proven and therefore many people summarily reject the concept of the supernatural, and some other people identify the concept of the supernatural to an experience of the divine.

If an event is "paranormal", it refers to something that is not understood by current scientific knowledge, but we might someday explain it scientifically in the future, like the telepathic bond that approximately 20% of twins say they experience.

I think everyone has experienced people who are basically simpletons. No one wants to be a simpleton and being around them many times is annoying. We consider them to be fools who are so uneducated about science that they might think the fact that birds disappear and then reappear in their back yard at different times of the year is supernatural instead of a result of migratory patterns. But not every person who has experienced things they can't just explain away are simpletons. And when I speak with these people, no matter their background or belief system, almost all without exception, say they have experienced luck and synchronicity as well as other unusual events, and they would like to experience them more often, no matter their source. My experience is that following the guidance of the Holy Spirit dramatically increases events of good luck, synchronicity, and sometimes things that just cannot be

explained in any way other than as an experience of the divine. This is what I call, “The Extraordinary Life”. It is the goal, the intention of this whole podcast that you will learn to work with the Holy Spirit and live this Extraordinary Life, where good things come out of the blue on a much more regular and consistent basis than is “normal”. That your experience in life can be identified by the consistency of things working out well for you. That you can trust the experience of the rare and elusive Extraordinary Life and consciously practice the skills that produce it, so that you do not take it for granted, but realize it to be the result of the gift of the knowledge that there is a process that can be known, and that works for every person who masters it.

For some, this sentence will be the dividing line, the place they choose to not continue with me. I understand, and won't fight you if you leave the course now. Thanks for listening to this point. Now move along, because I'm never going to apologize for the next part. We've spent 132 minutes and 42 seconds together and we may no longer be a match. For the rest of you, hold my hand. We're going to jump.

The Holy Spirit is supernatural. It is the active force of the Creator that can never be fully understood by humans. It's a force that can provide every good thing you have ever considered to come into your life. It is the single most important thing to connect with because it creates leverage for every one of your other actions that are in your highest good. It moves things that natural effort cannot budge.

There's a saying that an ant can't comprehend a cell phone. In comparison to God, we are the ant and he is the cellphone. His abilities are beyond our true comprehension. We cannot understand things outside of our own dimension. We live in the third dimension which involves length, height, and depth and can see the next dimension, the fourth, which includes time. But although we can't integrate anything about them, scientists have defined our world as having at least ten dimensions. I've added an article on the website that explains this. If this is your area of expertise, that is great. Because it's not my field of expertise, and going much further into that topic is a rabbit hole that is unproductive for me.

To become less wrong about those unknowable things, we create models. Models can come close but are never the real thing. And models about god should evolve the more that we understand natural laws. So please shift into the concept that models are helpful, but not necessarily “right”. In other words, everything I am going to explain is kind of, sort of like the model. It's the best representation I have to give. And it will do for what we need. Other people are giving different models than I am, and their models aren't necessarily wrong. Every person who teaches is attempting to explain what they know in the best way they know how. Just because we don't agree on every detail doesn't mean that one person is right and the other wrong.

A model of the composition of humans is one of the concept of “***The Self***” that contains three equal parts, our body, our soul, and our spirit. In this model, our ***body*** contains all of our physicality, our bones, flesh, organs, chemicals, and the senses of sight, hearing, touch, taste, and smell. Our ***soul*** contains the things that make us an individual and is many times thought of as “the mind” because the soul contains such things as our intellect, our thinking, our memories, our morals, our emotions, and our will. The soul expresses the unique and individual personality of individuals. Our ***spirit*** is the human part of God that is in us and is represented many times as the breath that begins for us at birth and is the last thing to stop at our death. It is not literally breath, but is a connecting force between all humans and is unchanged by the individual's body or the soul. The ***spirit*** is the part of humans that ultimately makes us all the same. All three parts, body, soul and spirit, have different functions however they interact as one ***Self***.

We are created in the image, or the same type of model as *The Creator*. I defined *the self* without a ton of explanation, but this part of the model will take more explanation. The Creator's three equal parts are God, Jesus, and the Holy Spirit. In this model, called Christianity, we have God, who is the creative part of the universe. Ultimately, God is a force whose totality is unknowable by humans except through the other two parts, Jesus and the Holy Spirit. In the Christian model, we have a record of God's communication to humans through the collection of 66 books called the bible. Although Jesus always existed as part of the creator, Jesus became human approximately 2000 years ago. We have information and promises related to Jesus throughout the 39 books written before his human life and contained in the Old Testament. The record of Jesus's human life is contained in the first four books of Matthew, Mark, Luke and John in the New Testament. The 23 books after those four initial ones point back to the life of Jesus in multiple ways that add explanatory material. Basically, you can see the Old Testament as a history of how God prepared humans for Jesus, and the New Testament as the life of Jesus and material that looks back to his life and explains it further. The ministry of Jesus started when Jesus was about 30 years old, and prior to that time, The Creator had one way of interacting with the humans he had created, and this interaction was based upon instructions and laws that humans were to follow if they were to find favor with God. Jesus brought information of the change in the way that God could be expected to act towards humans from that time forward. The new interaction from God would be one of grace, not laws. The message of grace is that God loves us and will not punish us, that he will give us free and undeserved help in return for our love to him. This new information was considered to be the gift of Jesus's ministry, and it is called, the good news, or The Gospel. The timeframe that Jesus taught was short, only about 3 years. His experience is the ultimate pattern for human life. It is the pattern that explains not only how we are to live, but the things we can expect in our interactions with God and other humans. While Jesus was alive, we know that he healed people, explained what God was like and also taught this new way that God was going to interact with humans. Although there are examples given of Jesus healing people who were not in his presence, there are no examples given of him being in two different places at one time, therefore, if a person wanted to ask him a specific question or hear his teachings directly, they had to go where he was. The teachings given in those three years along with the circumstances surrounding his human death changed humanity. A change of that magnitude on human civilization has not been experienced before or since. The story of Jesus's death and his resurrection three days later is well known enough that I don't need to recount it here. In future episodes we will go through the record of his life to explain the details, but for now, acknowledging that he died through a method of torture called crucifixion, and he returned to life three days later is important. For many people, the regular story ends there. Life for many Christians ends at the tomb where it is discovered that Jesus was not dead. But there is definitely more to the story. For me, this next part of the story that isn't regularly emphasized near as much as the previous, is what I needed to understand, but didn't.

Jesus was seen by people during his life and ministry, his death was witnessed by many of those same people, and these same people were eye witnesses who saw him after he was returned to life. We have historical records that show that many of these people would be killed because of their refusal to deny that Jesus was resurrected. For me, their deaths lend tremendous credibility to the supernatural resurrection of Jesus as fact. And in my acceptance of that fact, I accept the message that Jesus was supernatural, a miracle in himself. After Jesus's resurrection, he taught for 40 days, and then left earth alive, not dead. Prior to leaving he told his disciples that it was to their advantage that he would leave, because he would send the comforter, the helper, the Holy Spirit. If he stayed, the Holy Spirit would not come. The Holy Spirit is the completion, the third part, of The Creator. Communicating with the Holy Spirit consciously and intentionally is the focus of this podcast. Teaching you this material is my purpose, the many faceted jewel of my Extraordinary Life.

Ten days after Jesus left the earth, many of his followers were gathered together in Jerusalem for an important Jewish holiday called Pentecost. Jesus was an observant Jew, and although he taught gentiles, who are not Jewish, many of his disciples were observant Jews. Pentecost is one of the three holidays where Jews in the kingdom of Judah were required to be at the temple in Jerusalem. During these three holidays many more people would be together, and Jesus's followers were by now well acquainted with one another. It is reported in the New Testament book of Acts that while approximately 120 followers were together, there was a sound of a rushing wind, and the wind, although it was probably felt throughout Jerusalem, specifically filled the house. There was a flame-like light that landed on each person and in that moment, they were filled with the Holy Spirit. When we become filled with the Holy Spirit, we feel it in the physical senses of our body, and we experience it in the enlightenment of our soul. For some, it comes in suddenly like it did for Jesus's disciples on Pentecost, for others, it's a more gradual process. In my experience, whether someone reports a sudden event of receiving the Holy Spirit, or if there is a gradual infilling, there is a recognition that they are now different than they were before. And the difference is in the recognition of the power of their human spirit.

The Holy Spirit is the active part of God that is at work in the world today. The Holy Spirit can be experienced in many forms, masculine, feminine, and genderless. Like Jesus, the Holy Spirit contains the mind of God, the knowledge of every single thing that has happened and is currently happening. Jesus was a man who had to be encountered to speak with. And if you had been with Jesus, you could have asked him anything and he could have told you the answer, no matter the question. The benefit of the Holy Spirit is that it is within each person and can be accessed at any moment. We don't have to go anywhere to experience the Holy Spirit. The Holy Spirit communicates to us through the spirit of our self.

The Creator contains God, Jesus, and the Holy Spirit and acts as one. The Self contains the body, the soul and the spirit. The link between the creator and the self occurs through the human spirit and the Holy Spirit. The focus of Working With The Voice is the strengthening of that connection through the skills given in the Daily Practice.

The Holy Spirit is a teacher, a comforter, a counselor, a guide, and in all of this, he is a helper. He helps us with this life, and life is hard. He gifts those people who work with him with extraordinary levels of wisdom and knowledge, as well as other things that are specific to each person. He builds into us attributes that are called "fruit of the spirit" and these things are all extraordinary, above what we have known through only our body and soul; these extraordinary qualities that he grows within us like fruit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control. So here's the kicker. Although I give you stories of my experiences, I don't share many specific things that the Holy Spirit has said to me personally unless it's the only way I can make a point. His messages to me are for me. Go talk to him yourself for your messages. But this is the best way I can give you this next thing. Remember how I said I got humbled? The last part of this particular event of humbling came directly from the Holy Spirit. I told him that I have always been good with God, the creator, and now that I knew that the experience and results from listening to the voice were actually an experience with the Holy Spirit, I was totally good with Him at the same level as God, which was total. But I had a sticking point that I was not ready to give up. I told the Holy Spirit that I had a problem with Jesus. I really didn't want to talk about him or say his name, and I thought it was BS that you had to say, "I love Jesus" or you couldn't be in God's favor. I even asked if I could use a different name than Jesus if we were going to discuss him. Once you learn to talk with the Holy Spirit, you will understand that you can sense his moods, and that he has a great sense of humor. I could tell that he was smiling at me, laughing

with me, not at me, in my total lack of knowledge, and my undeserved confidence in my rightness. He let me know that he was glad I was finally able to speak about this. He told me that the only reason I didn't like Jesus was because I didn't understand what he had done, and it was not a secret that I still thought the story might be a myth. He told me that if I would read about Jesus's life in Matthew, Mark, Luke, and John and allow myself to be taught by him, he would teach me about Jesus. He also told me that until you understood Jesus's life and what he did, you couldn't really love Jesus. And you have to believe he was really God, who loved us so much that he came to earth and lived as a real man. He was not a myth. You ultimately couldn't follow him if you didn't love him. And that every person had to voluntarily enter this life, it would never be forced on anyone. That's why anyone can hear the Holy Spirit, but to become who God really wants us to be, and to receive the whole gift, we have to know Jesus. And we have to ask to enter the pattern of his life. We can't do this on our own. So receive the Holy Spirit. Ask to know about Jesus, and in that you will gain greater life than you ever knew was possible.

I pray that you may become who you are supposed to be. That you will create the things you want to create. That you will see the God that sees you. And that you will hear the Holy Spirit, the voice of God who created you.

I'm Juliet Mee, and this is Working With The Voice.

Next week, we are going to talk about some additional biblical concepts, the ways the Holy Spirit speaks with us, how to integrate the body and soul with our spirit, and how to get into the daily practice so you can begin building these skills. But if you want to jump into the Daily Practice now, there's a document in the resources section of the website [workingwiththevoice.com](http://workingwiththevoice.com) that outlines it. If you sign up for the weekly email, you'll get a link directly to it. Until then, thanks for listening.